



Dr. Kenneth J. Doka is a Professor of Gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. Dr. Doka was elected President of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the Board of Directors of the International Work Group on Dying, Death and Bereavement and served as chair from 1997-1999. The Association for Death Education and Counseling presented him with an award for Outstanding Contributions in the Field of Death Education in 1998. In 2000, Scott and White presented him an award for Outstanding Contributions to Thanatology and Hospice. His *Alma Mater* Concordia College presented him with their first Distinguished Alumnus Award. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under NY State's first licensure of counselors.

Dr. Doka has keynoted conferences throughout North America as well as Europe, Asia, Australia and New Zealand. He participates in the annual Hospice Foundation of America Teleconference and has appeared on CNN and *Nightline*. In addition he has served as a consultant to medical, nursing, funeral service and hospice organizations as well as businesses and educational and social service agencies. Dr. Doka is an ordained Lutheran minister.

A prolific author, Dr. Doka is the author of numerous books, including *Counseling Individuals with Life-Threatening Illness*, *Disenfranchised Grief: New Directions, Challenges and Strategies for Practice and Living with Grief: Ethical Dilemmas and the End of Life*. Dr. Doka is the editor of both *Omega*, *The Journal of Death and Dying* and *Journeys: A Newsletter to Help in Bereavement*.

Resources for Grief Services*

Always Best Care for Seniors
American Cancer Society
Browning Geriatric Consulting
Cancer Society of Greenville County
Carolina Center for Behavioral Health
Carriage House of Taylors
Comfort Keepers
Compassionate Friends
Foothills Retirement Community
Gentiva Hospice
Granny Nannies Home Health Care
Greenville Hospital System Pastoral Care
Home Helpers & Direct Link of
Greenville & Greer
Hospice Care of SC
Hospice Compassus
Hospice of the Carolina Foothills
Hospice of the Upstate
Interim Healthcare Hospice
Lutheran Hospice
Medi Home Hospice Care of Greenville
Mental Health of America
Moves Designed for Seniors
Open Arms Hospice
Southerncare Greenville and Spartanburg
The Fifth Season
The Haven
Vistacare
Winyah Community Hospice

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Presents

Dr. Kenneth J. Doka

Author, Educator

September 14-15, 2010

For the General Public

What Helps When It Hurts?

For Professional Caregivers

**Beyond Gender: Understanding
the Ways Men and Women Grieve
& Disenfranchised Grief in the
21st Century: New Problems,
New Strategies**

For Guidance Counselors & Teachers

Children, Adolescents & Grief

Carolina First Center

1 Exposition Dr.
Greenville, SC

GUIDANCE COUNSELORS & TEACHERS Children, Adolescents, and Grief

September 14, 2010

3:00 p.m. to 5:00 p.m.

No cost to attend

Light refreshments will be served

This session explores the effect of human development and age upon the mourning process. Specifically, the session traces the ways that attitudes and orientations toward death and grief change throughout childhood and adolescence. Special attention is placed on the ways that developmentally unexpected losses can complicate mourning as well as interventive approaches, developed from the newest theoretical models in the field, that can assist individuals of different ages. At the end of this workshop, participants will be able to:

- Trace the ways that orientations and attitudes toward death change through childhood and adolescence.
- Discuss the ways that development affects the mourning process.
- Describe current theoretical approaches and understandings of grief and mourning.
- Describe developmentally unexpected loss and indicate the ways that unexpected loss complicates grieving.
- Evaluate and describe clinical interventions that are appropriate for children and adolescents.
- Discuss the nature of grief support and death education at varied ages.
- Describe interventive techniques such as bibliotherapy, groups, and ritual.

Who should attend?

This workshop is developed for a range of professionals including, but not limited to: Educators, Teachers, Guidance Counselors, School-based Personnel, Psychologists, Clergy, Social Workers, and Nurses

GENERAL PUBLIC What Helps When It Hurts?

September 14, 2010

6:45 p.m. to 9:00 p.m.

Registration: 5:45 p.m. to 6:45 p.m.

No cost to the General Public

Light refreshments will be served

This session will explore the ways that grief affects us – including physically, emotionally, and spiritually. Grieving a significant loss, whether by a death or separation, affects not only the way that we feel but also the ways that we think and behave. While each of us is different, there are things that we can do to help those around us and even ourselves as we cope with loss, an inevitable though painful part of both love and life. There are signs that we should be aware of, as well, that we or those we care about may need the help of counselors, clergy, or support groups as we cope with especially complicated losses.

Who should attend?

This compassionate program will be helpful to anyone who is experiencing grief or loss in their lives.

PROFESSIONAL CAREGIVERS

Beyond Gender: Understanding the Ways Men and Women Grieve and Disenfranchised Grief in the 21st Century: New Problems, New Strategies

September 15, 2010

8:45 a.m. to 12:00 noon

Registration and Continental Breakfast

Time: 7:45 a.m. to 8:45 a.m.

\$25.00 Registration Fee for Professionals

Many individuals believe that if an individual does not show or share sadness or express other emotions, that individual is not in touch with or is suppressing grief. In fact, grief reactions are highly individual and varied. Many men and women may express their grief in more instrumental ways. This session will explore different patterns or styles of grief, emphasizing that each of these patterns has their own distinct advantages and disadvantages. This presentation will also describe disenfranchised grief, grief that is not openly acknowledged. Dr. Doka will explore the contexts and causes of disenfranchised grief as well as complications. Gaining an understanding of both of these topics puts a strong emphasis on culture, gender and helpful strategies that can enfranchise grief. At the end of this workshop, participants will be able to:

- Describe and discuss patterns of grief and the ways they can facilitate or complicate the grieving process.
- Identify and discuss pathways to grieving patterns.
- Discuss the effect of development on grieving patterns and describe techniques for each.
- Define and explore the causes of disenfranchised grief.
- Discuss the ways disenfranchised grief complicates mourning, and effective strategies for this type of griever.

Who should attend?

This workshop is for professional caregivers interested in furthering their knowledge of the process of dying, grief, and healing including, but not limited to: Physicians, Nurses, Chaplains, Social Workers, Counselors, Educators, Psychologists, Clergy, Hospice Personnel, Funeral Directors, Lay Ministers and Guidance Counselors

*These organizations have assisted in publicizing the event. SCNA and Thomas McAfee Funeral Homes do not endorse these organizations for this specific event

REGISTRATION FORM

Name _____

Mailing Address _____

E-mail Address _____

Daytime Telephone _____

_____ I will attend the Tuesday, 9/14/10 Guidance Counselors & Teachers Workshop- NO ADMISSION CHARGE

_____ I will attend the Tuesday, 9/14/10 General Public Workshop - NO ADMISSION CHARGE

_____ I will attend the Wednesday, 9/15/10 Professional Caregivers Workshop
\$25.00 Registration Fee for Professionals
(\$35.00 at the Door)

Please complete this form and mail with your check (if applicable) made payable to:

Thomas McAfee Funeral Homes
P.O. Box 10413
Greenville, SC 29603

-or-

Telephone: (864) 235-8330

Fax: (864) 235-8296

Register online at: www.thomasmcafee.com

Credit Card Registration:

___ Visa ___ MasterCard ___ Discover

Number: _____ Exp: _____

Signature: _____

Date: _____

Continuing Education

This continuing nursing education activity was approved by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval valid through July 9, 2012

The South Carolina Board of Social Work Examiners grants social workers 3 non-social work hours for attending the professional seminar.

SCLLR grants Funeral Directors 3 clock hours for attending the professional session.

Chaplains may apply these hours towards their required continuing education.

Participants must attend 90% of the educational offering to receive a certificate of attendance. No partial credit will be given.